



SOUL Search

Personality Test



Product of Mctivated
The Top Educational Motivation
For Teachers, Students, & Parents

A Message From The Author

Congratulations on recognizing you have a grand purpose. Through research and collaboration with mental health professionals, I created The SOUL Search. It is a tool designed to help you know yourself and your strengths so you can truly get Mctivated.

During the COVID pandemic, many of my life coaching clients felt lost and sought direction, relying on others to give them a "to-do" list. I encouraged them to give themselves a "to-do" list, because this is a practice that I have personally seen to be effective. COVID gave me the space to focus on my goals, leading to two albums, two books, and a restructured company. The key lesson was that self-awareness enables better decision-making and equips you to handle challenges.

Personality tests like Myers-Briggs, DISC, and others helped me understand my traits and improve communication and problem-solving. While these tools are insightful, I created The SOUL Search to provide quick, valid results, essential for my work as a speaker and educator. My 30+ years of teaching showed me that personalities are grouped, and having a quick way to assess people increases the chance for positive engagement.

The SOUL Search facilitates such engagement by helping you understand yourself and others to deliver meaningful results. This tool is my way of sharing those insights efficiently, and I believe it can change your life!

Forever Forging Forward,

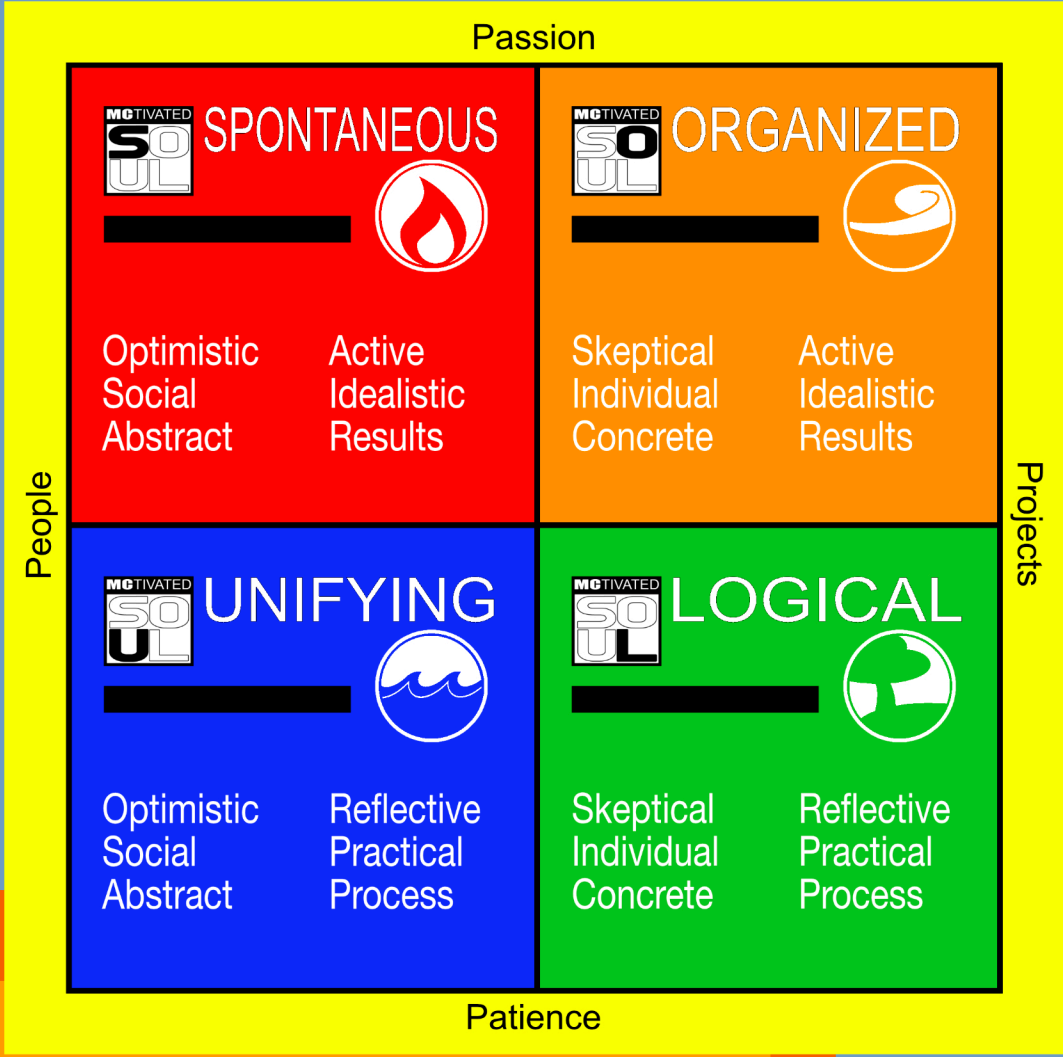


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The SOUL Search

The SOUL Search by Mctivated is a quick survey of yourself or another person's personality traits to get a general idea of how to better interact with different types of people. Realize that you possess all of these traits at varying degrees. Take note that this is not for the purpose of a medical diagnosis. This is for the purpose of encouraging greater positive engagement.



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Figure It Fast

There are two basic questions that can quickly determine your category. You may feel that you gravitate to both but select the one that relates to you the most.

Do you prefer to work with passion or with patience?
Do you prefer to work with people or with projects?

If you prefer passion and people, you are in the “S” category for Spontaneous.
If you prefer passion and projects, you are in the “O” category for Organized.
If you prefer patience and people, you are in the “U” category for Unifying.
If you prefer patience and projects, you are in the “L” category for Logical.



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Match In Minutes

Simply read each personality type and place them in the order with the 1st one being most like you and the last one being the least like you.

- Look at each trait scale.
- Circle or underline the one you are most like even if you are simply settling for one end of the scale or the other.
- Trait Scale -

Social	— — — — —	Individual
Optimistic	— — — — —	Skeptical
Active	— — — — —	Reflective
Idealistic	— — — — —	Practical
Results	— — — — —	Process
Concrete	— — — — —	Abstract

- Now identify which one of the 4 categories your personality would align with.
- Realize that this will not always be a perfect fit but it will put you in the right group.
- Read the description and allow it to give you insight into how you might best contribute to a situation. And being able to recognize and adjust to the other personality types will allow you an opportunity to be a greater communicator.



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SOUL Search Survey

Here's a 10-item SOUL Search Test. Each question offers four options corresponding to the SOUL Search. There is no wrong answer. The user should select the option that best describes them. At the end, the results can reveal their dominant personality type.

1. When faced with a challenge, I:

S) Look for ways to motivate and involve others.

O) Take charge and make decisions quickly.

U) Stay calm and think about how to support the team.

L) Gather all the details and analyze the situation.
2. In a group setting, I prefer to:

S) Socialize and build connections.

O) Lead and give direction.

U) Listen and offer support.

L) Observe and ensure things are done correctly.
3. My biggest strength is:

S) My enthusiasm and energy.

O) My ability to get results.

U) My dependability and loyalty.

L) My attention to detail.
4. When working on a project, I:

S) Make sure everyone feels included and motivated.

O) Focus on achieving the goal efficiently.

U) Keep the process steady and consistent.

L) Ensure accuracy and follow the rules.
5. I'm motivated by:

S) Recognition and approval.

O) Competition and winning.

U) Stability and security.

L) Accuracy and precision.
6. In conflict, I tend to:

S) Try to lighten the mood and defuse tension.

O) Confront the issue directly.

U) Avoid the conflict and seek compromise.

L) Stay logical and stick to the facts.
7. My ideal work environment is:

S) Collaborative and fun.

O) Fast-paced and goal-oriented.

U) Predictable and supportive.

L) Structured and organized.
8. My decision-making style is:

S) Based on input and creativity.

O) Quick and assertive.

U) Cautious and considerate of others.

L) Thorough and fact-based.
9. People describe me as:

S) Charismatic and outgoing.

O) Driven and confident.

U) Friendly and reliable.

L) Precise and thoughtful.
10. I get frustrated when:

S) I'm not appreciated or included.

O) Things move too slowly.

U) There's too much change or uncertainty.

L) Others don't follow the rules or pay attention to details.



Scoring: Count how many times you selected each letter. The category with the most selections indicates your primary SOUL Search.

S - Spontaneous:
You prioritize relationships and energy.

O - Organized:
You value results and taking action.

U - Unifying:
You focus on stability and support.

L - Logic:
You emphasize accuracy and systems.

SPONTANEOUS

You are the energizer. You make your presence felt in any space. You seek attention and like to interact with people. You symbolize the element of fire because of your light and heat, and the color red represents your energy. Here are common traits of the SPONTANEOUS personality. You embody spirit and service.

- Social - Optimistic - Active - Idealistic - Abstract - Results

This is how you best communicate with the SPONTANEOUS personality. You have to mirror their traits and use the energizer part of your personality. Make sure the conversation focuses on the freedom, the experience, and the independence of a situation. Rules and limits will turn them off.

Characteristics: Inspirational, interactive, and enthusiastic.

Strengths: Builds relationships and motivates others.

Challenges: Can be impulsive or overly optimistic.

Focus: People-oriented and passionate.



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ORGANIZED

You are the planner. You appreciate protocols. You like giving explanations and urging people but otherwise enjoy keeping to yourself. You symbolize the element of wind because of your invisible push, and the color orange represents how you complete things like the harvest. Here are common traits of the ORGANIZED personality. You embody spirit and study.

- Skeptical - Individual - Concrete - Active - Idealistic - Results

This is how you best communicate with the ORGANIZED personality. You have to mirror their traits and use the planner part of your personality. Make sure the conversation focuses on the information, the evidence, and the solutions of a situation. Incorrectness and inaccuracy will turn them off.

Characteristics: Direct, decisive, and results-driven.

Strengths: Strong-willed and goal-oriented.

Challenges: Can be domineering or demanding.

Focus: Project-oriented and passionate.



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UNIFYING

You are the supporter. You appreciate protocols. You like giving explanations but otherwise enjoy keeping to yourself. You symbolize the element of water because of your ability to be flexible. Here are common traits of the Unifying personality. You symbolize the element of water because of your ability to be flexible, and the color blue represents your openness. Here are common traits of the UNIFYING personality. You embody stillness and service.

- Social - Abstract - Optimistic - Reflective - Practical - Process

This is how you best communicate with the UNIFYING personality. You have to mirror their traits and use the supporter part of your personality. Make sure the conversation focuses on the people, the relationships, and the responsibility of a situation. Corruption and unfairness will turn them off.

Characteristics: Stable, supportive, and sincere.

Strengths: Loyal and dependable team player.

Challenges: Can resist change or overly accommodate.

Focus: People-oriented and patient.



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LOGICAL

You are the thinker. You love information. You concentrate on the facts and are interested in finding proof. You symbolize the element of earth because of your desire to ground everything in reality. Here are common traits of the LOGICAL personality. You embody stillness and study.

- Skeptical - Individual - Concrete - Practical - Reflective - Process

This is how you best communicate with the LOGICAL personality. You have to mirror their traits and use the thinker part of your personality. Make sure the conversation focuses on the plan, the system, and the safety of a situation. Risk and disorder will turn them off.

Characteristics: Cautious, conscientious, and detailed.

Strengths: Analytical and precise.

Challenges: Can be overly critical or perfectionistic.

Focus: Project-oriented and patient.



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Know Your SOUL

This tool is valuable for understanding individual strengths, communication styles, and areas for growth. Use this framework to find your best you.

SOUL
Search



For More Information
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